

Your Peg Map.

Once you've found the peg positions that feel right for you, mark them on your Peg Map for easy reference each time you set up your boards.

Your ideal peg positions may vary slightly from day to day depending on things like tightness or fluid retention. That's completely normal, so simply adjust your pegs whenever you need to.

[Quick tip: take photos of your pegs in position if you prefer to go paperless]

left

HANDS

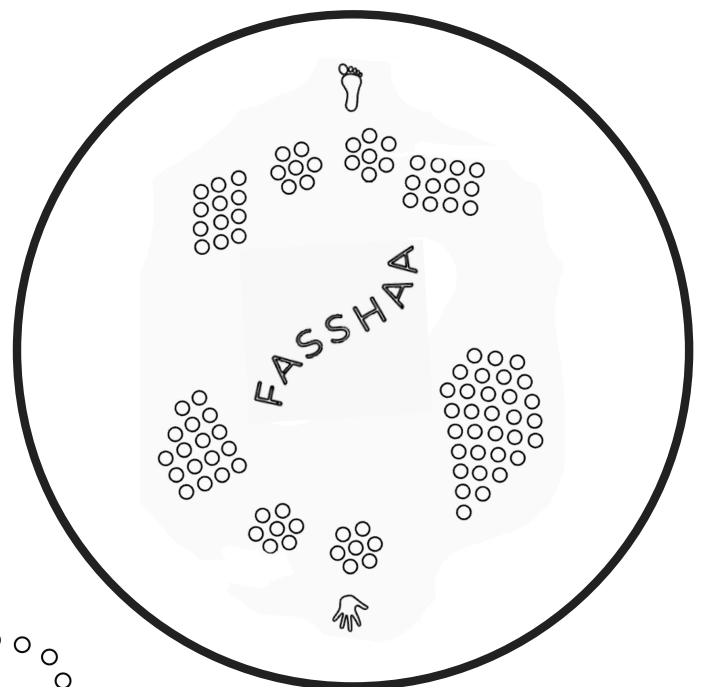
right



left

FEET

right



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